



February 2020



# San Juan Capistrano Garden Club

Member of California Garden Clubs, Inc, Orange County District



[www.SanJuanCapistranoGardenClub.com](http://www.SanJuanCapistranoGardenClub.com)

## BOARD OF DIRECTORS

- President**, Mozelle Sukut Ph.D.
- VP Programs**, Kathy Dixon
- Advisor: Wendy Corzatt*
- VP Membership**, Carol Mansukhani
- Advisor: Linda Thomas Jones*
- VP Ways and Means**, Barbara Luby
- VP Communications**, Jenell Blue
- Advisor: Valerie Drey*
- Secretary**, Susan Kudsi
- Treasurer**, Pat Kenner
- Immediate Past President**  
*Mary Crawford (non-voting position)*

**Missing a Newsletter**, or want to send one to a friend?

1. Go to our website  
[www.SanJuanCapistranoGardenClub.com](http://www.SanJuanCapistranoGardenClub.com)
2. Select **Newsletters**
3. Select the month you want to review or print.

Contact [gardenclubofsjc@gmail.com](mailto:gardenclubofsjc@gmail.com) with Newsletter and Email questions.

Our website contains the latest news from The Patch and Dispatch, just click 'In The News' on the menu.

## Thank You To Our Sponsors

**SWALLOWS:**  
VALERIE DREY  
TRAILS OF DISCOVERY  
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**HONEY BEES:** CALIFORNIA GARDEN

**BUTTERFLY:**  
SHARON DUNN, MARILYN FALLS, DONA HELMICK, TOM HRIBAR, SUSAN KUSDI, DENISE MINER, ROZ MORRISSEY, KAREN ROTTMANN, ROBYN THIFFAULT, TERESS WEBER

**LADY BUGS:**  
NANCY AMBROSE, NANCY CANGIANO, LYNNE FAIR, INGE HARRIS, PAT KENNER, JUDY SAGE, BOBBI HOWARD



SJC Garden Club



San Juan Capistrano Garden Club



SanJuanCapistrano GardenClub

**Members! Please pick-up the new Roster at the next meeting.**

## FEBRUARY'S AGENDA

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## NEW MEMBERS

Nazila Kalantari

30391 Marbella Vista, SJC

Nazila learned about us from the “Nextdoor” app. She and her husband have lived in a wide variety of climates throughout their marriage. They have only lived in San Juan for two years and she’s learning her way around. Her interests include cooking, photography and just enjoying the moment.

Cathy Garite

27509 Via Sequoia, SJC

Cathy has resided in San Juan for 15 years. She previously had a very large garden in Modjeska Canyon with 70 olive trees and many flowers and vegetables. Her present garden is very small. Cathy enjoys her volunteer work with Guide Dogs for the Blind in a puppy raising club.

Erika Giordano

32422 Lockout Court, SJC

Erika is a retired Pfizer Pharmaceutical Sales Rep. She has lived in San Juan for 25+ years. She has a son and a daughter. Erika presently volunteers at The Hortense Miller Garden in Laguna Beach as well as The Gardening Angels at The Mission. She would like to learn more about plants and landscaping.\_

3RD ANNUAL STROLL THROUGH THE GARDENS. APRIL 25, 2020



**Save the Date &  
& Tell Your Friends**

**3rd Annual  
Stroll Through the Gardens**

The San Juan Capistrano Garden Club is happy to announce  
our 3rd Annual “Stroll Through the Gardens”

April 25, 2020 - 10:00am - 4:00pm

Check our website for  
more information

## UPCOMING EVENTS

### February 17, 2020

Let's get ready for our tour of the [San Diego Botanical Garden \(Quail Gardens\)](#).

The docent will take us on an hour guided tour of the gardens discussing the history of the Gardens and its founders. We will meet in the overflow parking across from the golf course at 9:30 am, Monday, February 17th. Please sign up and pay for your admission on Monday January 20th at the meeting. If you will not be at the meeting please contact Kathy Dixon so arrangements can be made. Cut off for reservations is Monday, February 10th. What's In Bloom At The Garden?

Cost: Adults \$17.00 Seniors \$11.00 Members of Casa Romantica or Sherman Gardens will be free with membership card. Make note at sign up. We will reschedule if it rains.

### March 16, 2020

[Kate Chu](#) discusses the history and art of botanical preservation. Kate will lead in a demonstration of pressing flowers. She will advise on what seasonal types of flowers are good for pressing and preserving. Later in the year she will lead us in creating our own artwork.

### April 25 Saturday. Stroll Through the Gardens; Annual fundraising event.

Karen Rottmann and Pat Martin are back for a second year to chair this wonderful event. Be prepared to be dazzled by this year's garden choices. If you would like to volunteer as a docent, contact Karen or Pat M.

## UN'S FOOD AND AGRICULTURE ORGANIZATION (FAO)

For all the evident diversity in your supermarket shopping cart, agriculture has a dirty secret hidden in plain sight. Only nine crops out of a 120 cultivated worldwide supply three-quarters of the energy we get from plant-based foods. A mere three crops—wheat, rice, and maize—supply half of that, [according to the UN's Food and Agriculture Organization \(FAO\)](#). By comparison, when our ancestors began to [transition from a hunter-gatherer lifestyle to agriculture 13,000 years ago](#), they were eating thousands of different plants. Cultivating a limited number of crops reduced the genetic diversity of plants, endangering harvests. Can crops' wild relatives save troubled agriculture?

## WHAT CAN WE DO?

*President's Message by Mozelle Sukut Ph.D.*

Presently breathing the air in Sydney is like smoking 37 cigarettes. With the tragic devastation of the fires raging through 24 million acres in Australia, half a billion animals have died since September 2019. Part of their recovery efforts have wildlife officials working to save wallabies by dropping more than 4,500 pounds of food and water across six different colonies during each week. Officials hope to supply supplementary food and water for wildlife until their natural resources replenish. There are web links where we can learn ways to help the animals and firefighters.

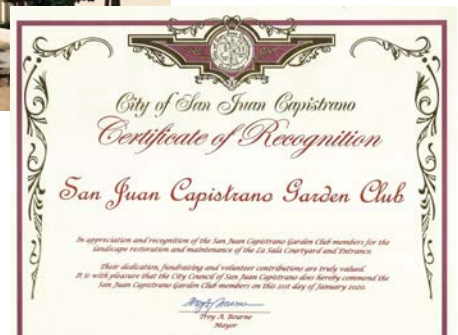
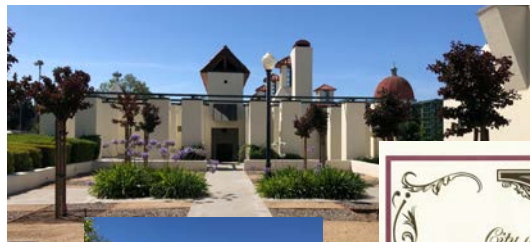
It's difficult to think what we do in our gardens and nearby parks is meaningful long term. But it's meaningful to the wildlife and insects there. It is meaningful to us, our family and friends and neighbors, as we connect to the plants and trees which surround us. We can try to continually think about what we can do to regenerate our surroundings even more! I am currently reading 2 great books by Diana Beresford-Kroeger, botanist and medical biochemist. She writes and lectures that everyone should plant a tree in their garden, and that one act will be a life saving act for our planet. If we have no garden, then plant in our city or county or state.

What may hopefully be done in SJC's local Los Rios Park requires a Shout Out to Marianne Taylor, founder of Goin Native. She has clocked in with 7 years of working with super garden volunteers coordinating efforts in that Park. She recently was awarded an amazing grant to revitalize the area, including getting rid of invasives, adding the right native trees, and creating a covered playground for toddlers. To have it happen of course the city must be on board and approve the proposal. We certainly expect to learn the news that such an amazing gift for improvement has been accepted and ready to begin in April. How could the city turn down this offer!

Another possibility: Linda Thomas Jones is researching how to have our Garden Club work to have San Juan Capistrano become included in Arbor Day Foundation's Tree City USA program. She is organizing a proposal to present the requirements to the city manager. Questions or comments, please contact Linda. Hopefully to follow - more positive news about what we can do.

## SAN JUAN CITY COUNCIL RECOGNIZES MEMBERS OF SJC GARDEN CLUB FOR BEAUTIFICATION

On Tuesday, January 21, 2020, the City Council recognized the San Juan Capistrano Garden Club along with Nancy Cangiano and Valerie Drey for their contribution to landscape beautification and maintenance of the La Sala Court Yard and Entrance with these certificate.



## JANUARY'S CANNIBIS TALK WITH KANDICE HAWES

Candice was informative and answered quite a few questions from our Members. Kandice is known for founding the OC Chapter of NORML and holding the position of Executive Director. Kandice spoke about the 3 types of cannabis and how they are classified. She advised of the legal and State regulated locations to safely purchase medical marijuana. Santa Ana dispensary in Orange County is a regulated store. Josue Lopez gave us the basics of propagation and legal possession. The lecture was informative and there was a great Q&A afterward. You can reach Kandice for more information at, [www.BudandbloomOC.com](http://www.BudandbloomOC.com) or [JosueLopez222@hotmail.com](mailto:JosueLopez222@hotmail.com)



## JANUARY 20 BUCKWHEAT PLANT GIVEAWAY

Laura Camp, manager at Tree of Life Nursery, Marianne Taylor and Kathy Holman helped explain about the buckwheat plant giveaway sponsored by the CA Native Plant Society. We are grateful to the CNPS nonprofit organization who has organized giving these butterfly magnets to members of many organizations and nurseries throughout Orange County. All are hoping to see more native butterflies connecting their flight maps between many private gardens when these plants become established.

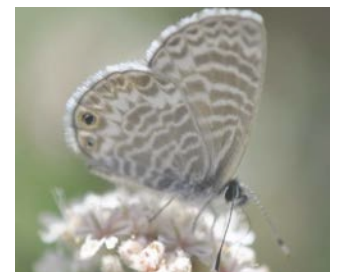


## HAVE YOU REGISTERED YOUR FREE BUCKWHEAT?

### Put Your Garden on the Map

iNaturalist is mapping the plants as they are installed in home landscapes on an iNaturalist map. You can see the plant locations at the *A Buckwheat in Every Garden* **iNaturalist** page.

Click [here](#) to be directed to the webpage.



## SWEET STEM SENDERS

FROM: KATHY DIXON, V.P. PROGRAMS



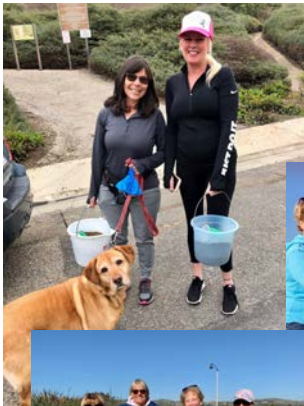
THANK YOU

Our next holiday to create and bring gifts to our Seniors will be Valentine's Day.

Sweet Stem Senders delivers, and interacts, with Seniors at Atria and Brookdale. Thank you to all who participated in the crafting and delivering.

## SOWING CALIFORNIA POPPIES

From: Nancy Cangiano



GO GUERRILLA GARDENERS



The Poppy seeds have been planted. Barbara Kimler and Amanda Keenan took two buckets of seeds up "higher on the trail" to follow the directions of Bobbi Howard, our Seed Sponsor. They walked up the hill to the flag and chose a few areas to plant poppy seeds where they will hopefully be seen by anyone traveling south on the I5.

We saved a small amount of poppy seeds and "cast" them on the *Round-About* at the end of La Novia. Planters included: Dona Helmick, Jeannie Kubrick, Kathy Holman, Barbara Luby, Nancy Cangiano.

## LOS RIOS STREET - LECK HOUSE - FINISHING TOUCHES

FROM: PAT MARTIN & KAREN ROTTMANN

Los Rios Street lives in the heart of San Juan Capistrano and the SJC Garden Club is honored to work on the Leck House beautification project.

If you want to be involved in this exciting historical endeavor, contact Pat Martin (email address in Roster) for dates and details. Join the Garden Club to be involved in our activities. Learn about what plants were coming into California in the early 1900s, and how the CA bungalow was the favorite house of several early decades of the 20th century.



## ANCIENT METALWORKERS IN DUBAI DESERT HAD SUSTAINABLE PRODUCTION ETHICS

Polish researchers said they were "astonished" to find traces of the Iron Age equivalent of upcycling, meaning 3,000 years ago the inhabitants recycled rather than tossing broken items over their shoulders.



## PENNIES FOR PINES

FROM: DONA HELMICK

### REFORESTATION PROGRAM OF FORESTS IN CALIFORNIA



JANUARY \$74.00

The "Pennies for Pines" Program was established to aid in the reforestation program of National Forests, and CGCI encourages efforts to re-forest California forests through this program. Our own members gave \$74.00 to support Pennies for Pines at our Jan. 20 meeting, and when we have collected \$68. we send a check to our local Cleveland National Forest to plant one acre of tree seedlings. Thank you for your continued donations.

## CIVIC BEAUTIFICATION PROJECT - CAMINO REAL PLAYHOUSE

### REPLANTING

FROM: MARY CRAWFORD, PROJECT CHAIR

Enthusiastic gardeners dug & planted in the front beds, filling in areas with more succulents . Hopefully, the new planting will be lovely for our next Swallow's Day Parade.

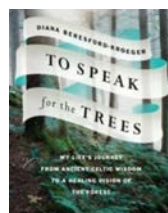


## FEBRUARY'S SUGGESTED READING LIST

From: Club Member's Choice

To Speak for the Trees

Author: Diana Beresford-Kroeger



The Lorax

Author: Dr. Seuss



## SUPPORT OF LOCAL NURSERY'S AND SOCIETIES

### TREE OF LIFE NURSERY

Tree of Life Nursery has a variety of well thought out classes. Learn about Butterflies, Drought Tolerant plants and also Gardening in a Small Space. Click [here](#) for a list of classes.

### LAGUNA HILLS NURSERY

First signs of Spring! Gary Matsuoka's Free Gardening Classes. Click [here](#) for location and classes.

### TURN LAWNS INTO BEE SANCTUARIES

Minnesota Will Pay Residents to Turn Lawns Into Bee Sanctuaries. *Click photo to read article.*



### ROGERS GARDENS

Tomatos! Learn how to plant and grow some of the most delicious tomatoes around. Click [here](#).



### CALIFORNIA NATIVE PLANT SOCIETY

CNPS is a non-profit, created to increase an understanding of conserving California's native plants and their natural habitats. Click [here](#) for a list of native plants compiled by CNPS.

### THE RESERVE

#### RANCHO MISSION VIEJO

Check out The Reserve's Calendar of Events; from Clearing Trails to searching for Fungi, the classes are all fascinating. Click [here](#) for a list of events.

### GREEN THUMB NURSERY

#### RANCHO MISSION VIEJO

Green Thumb has numerous Hummingbird products and also they allow you to order plants online and pick up at the store. Click [here](#) for more information.

### WATERWISE & WORRY FREE

#### Easy Garden Design

